

WHAT DO WE DO IN PRESCHOOL?

- Circle time is a group gathering during which we share our ideas, plans, and observations. Circle activities are designed to stimulate youngsters' thinking, enrich their social skills, and expand their attention spans.
- Gross motor activities give children the opportunity to use their muscles- as well as their imaginations- as they engage in fun, healthy exercise, such as running, jumping, and climbing.
- Fine motor skills help improve small muscle development and eye-hand coordination. Some common items found in the fine motor/manipulative area include puzzles, beads, and laces, pegboards, crayons, and scissors.
- Art activities help children creatively express their thoughts and feelings. They help reinforce fine motor skills and concept development in areas such as colors, shapes, and size relationships.
- Dramatic play activities help children express themselves, practice social skills, increase self-esteem, build vocabulary, and solve problems.
- Music activities promote youngsters' listening skills, creative expression, and social skills. In music, children can explore sound, volume, tempo, and rhythm.
- Science activities offer children many hands-on opportunities for observation, investigation, making predictions, and experimentation,
- Sensory table activities allow youngster' to experiment with textures and properties of different substances. These activities also promote the development of other skills, such as math, science, and language.
- Block play gives children the experience with many different concepts, such as shape and size discrimination, spatial relationships, number skills, balance, organization, cause and effect, and classification. Cooperative play skills, problem solving, and creativity are also promoted in block play.